

KNGF-richtlijn Oncologie

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Bijlagen bij noot C.1 'Botmetastasen'

Bijlage C.1-1 'Risk-of-biastabel: beoordeling van de studies die zijn geïncludeerd door Weller (2021)'

Auteur (jaar van publicatie)	Proces van randomisatie	Afwijkingen van de beoogde interventie	Volledigheid van gegevens	Meetinstrument	Rapportage van bevindingen
Gerandomiseerde studies					
Bjerre (2019)	+	+	+	+	+
Bourke (2011)	+	?	+	+	?
Bourke (2014)	+	?	+	+	?
Cheville (2019)	+	+	+	+	+
Cormie (2013)	+	?	+	+	?
Dawson (2018)	+	+	+	+	+
Galvao (2018)	+	?	+	+	+
Litterini (2013)	+	+	-	+	?
Rief (2014)	+	?	+	?	-
Scott (2018)	+	+	+	+	+
Solheim (2017)	+	+	+	+	?
Sprave (2019)	+	+	+	+	+
Uster (2018)	+	+	+	+	?
Uth (2014)	+	?	?	+	+
Villumsen (2019)	+	?	+	+	+
Yee (2019)	+	?	+	+	+
Gecontroleerde studie					
Rosenberger (2017)	n/a	+	?	+	+

+ = laag risico op vertekening, - = hoog risico op vertekening, ? = onbekend risico op vertekening, n/a = niet aanwezig.

Bijlage C.1-2 'Evidence-to-decision'

		BEOORDELING						
1. Gewenste effecten	zeer klein	klein	matig		groot	varieert	geen idee	niet gemeten
2. Ongewenste effecten	groot	matig	klein		zeer klein	varieert	geen idee	niet gemeten
3. Kwaliteit gewenste effecten	zeer laag	laag		matig	hoog	varieert	geen idee	niet gemeten
4. Balans tussen gewenste en ongewenste effecten	de ongewenste effecten overtreffen zeker de gewenste effecten	de ongewenste effecten overtreffen waarschijnlijk de gewenste effecten	de gewenste en ongewenste effecten zijn gelijk	de gewenste effecten overtreffen waarschijnlijk de ongewenste effecten	de gewenste effecten overtreffen zeker de ongewenste effecten	varieert	geen idee	geen ongewenste effecten gemeten
5. Waarde aan gewenste effecten	zeer laag	laag		redelijk	groot	geen idee		
6. Variatie in waarde aan gewenste effecten	veel variatie	matige variatie		weinig variatie	geen variatie	geen idee		
7. Benodigde middelen (kosten)	hoge kosten	matige kosten	vrijwel geen kosten of besparingen	matige besparingen	hoge besparingen	varieert	geen idee	
8. Variatie in benodigde middelen (kosten)	hoog	matig		laag	zeer laag	geen idee		
9. Kosteneffectiviteit	niet kosteneffectief	waarschijnlijk niet kosteneffectief	interventie en usual care zijn gelijk	waarschijnlijk wel kosteneffectief	wel kosteneffectief	varieert	geen studies beschikbaar	
10. Aanvaardbaarheid	niet	waarschijnlijk niet		waarschijnlijk wel	ja	varieert	geen idee	
11. Haalbaarheid	niet realistisch	waarschijnlijk niet realistisch		waarschijnlijk realistisch	wel realistisch	varieert	geen idee	
Aanbeveling	sterke aanbeveling tegen interventie	zwakke aanbeveling tegen interventie	aanbeveling voor onderzoek / geen aanbeveling	zwakke aanbeveling voor interventie	sterke aanbeveling voor interventie			

Bijlagen bij noot C.2 'Cardiotoxiciteit'

Bijlage C.2-1 'Zoekverantwoording (18 februari 2021)'

Medline: 380 hits

1	exp *Neoplasms/ or (cancer* or neoplas* or tumor* or tumour* or malignan* or melanom* or lymphom* or oncol* or carcinom* or adenocarcinom* or metast*).ti.	3464956
2	exp *Cardiovascular Diseases/ or exp *Stroke Volume/ or exp *Cardiotoxicity/ or exp *Heart Diseases/ or ("ejection fraction" or lvef or rvef or "cardiac toxicit*" or cardiotoxic* or "heart toxic*" or "cardio toxic*" or endocarditis or bradycard* or tachycard* or cardio-oncolog* or ((heart or cardia* or cardio* or myocard* or pericard* or endocard*) adj3 (dysfunct* or disease* or anomal* or deficien* or deform* or disorder* or neuropath* or abnormalit* or arrhythm* or failure* or injur* or fibril* or dysrhythm* or decompensat* or incompeten* or insufficien* or syndrome* or damage* or lesion* or trauma*))).ti.	2132139
3	exp Exercise/ or exp Exercise Therapy/ or exp Physical Therapy Modalities/ or exp Kinesiology, Applied/ or (exercis* or training* or "physical conditioning" or "physical activ*" or movement or "physical therap*" or physiotherap* or aerobic* or endurance or strength or high-intensity or hit or hiet or kinesiotherap* or kinesitherap* or sktm or "cesar therap*" or mensendieck).ti,ab,kf.	1565560
4	1 and 2 and 3	1850
5	(meta-analysis/ or meta-analysis as topic/ or (metaanaly* or meta-analy* or metanaly*).ti,ab,kf. or systematic review/ or cochrane.jw. or (prisma or prospero).ti,ab,kf. or ((systemati* or scoping or umbrella or "structured literature") adj3 (review* or overview*).ti,ab,kf. or (systemic* adj1 review*).ti,ab,kf. or ((systemati* or literature or database* or data-base*) adj10 search*).ti,ab,kf. or ((structured or comprehensive* or systemic*) adj3 search*).ti,ab,kf. or ((literature adj3 review*) and (search* or database* or data-base*).ti,ab,kf. or (("data extraction" or "data source*") and "study selection").ti,ab,kf. or ("search strategy" and "selection criteria").ti,ab,kf. or ("data source*" and "data synthesis").ti,ab,kf. or (medline or pubmed or embase or cochrane).ab. or ((critical or rapid) adj2 (review* or overview* or synthes*).ti. or (((critical* or rapid*) adj3 (review* or overview* or synthes*)) and (search* or database* or data-base*).ab. or (metasynthes* or meta-synthes*).ti,ab,kf.) not (comment/ or editorial/ or letter/ or ((exp animals/ or exp models, animal/) not humans/))	483666
6	(exp randomized controlled trial/ or random*.ti,ab,kf. or ((pragmatic or practical) adj clinical trial*).ti,ab,kf. or ((non-inferiority or noninferiority or superiority or equivalence) adj3 trial*).ti,ab,kf.) not (comment/ or editorial/ or letter/ or ((exp animals/ or exp models, animal/) not humans/))	1191330
7	(Practice Guideline/ or Guideline/ or Consensus/ or exp Consensus Development Conferences as Topic/ or exp Consensus Development Conference/ or (guideline or practice guideline).pt. or (guideline* or recommendati* or protocol* or "position statement*" or "position paper*" or "ethics code*" or "ethical code*" or "ethical directive*" or "ethical oath*" or "profesional ethic*" or pathway* or consensus*).ti,ab,kf.) not (comment/ or editorial/ or letter/ or ((exp animals/ or exp models, animal/) not humans/))	1939414

8	5 or 6 or 7	3245335
9	4 and 8	380

Embase: 425 hits

No.	Query	Results
#9	#4 AND #8	425
#8	#5 OR #6 OR #7	2541600
#7	'practice guideline'/de OR guideline*:ab,ti OR recommendation*:ab,ti OR cpq:ab,ti	1113967
#6	('randomized controlled trial'/exp OR random*:ti,ab OR (((pragmatic OR practical) NEAR/1 'clinical trial*'):ti,ab) OR (((('non inferiority' OR noninferiority OR superiority OR equivalence) NEAR/3 trial*):ti,ab)) NOT (('animal'/exp OR 'animal experiment'/exp OR 'animal model'/exp OR 'nonhuman'/exp) NOT 'human'/exp) NOT ('conference abstract'/it OR 'conference review'/it OR 'editorial'/it OR 'letter'/it OR 'note'/it)	1159932
#5	('meta analysis'/exp OR 'meta analysis (topic)'/exp OR metaanaly*:ti,ab OR 'meta analy*:ti,ab OR metanaly*:ti,ab OR 'systematic review'/de OR 'cochrane database of systematic reviews'/jt OR prisma:ti,ab OR prospero:ti,ab OR (((systemati* OR scoping OR umbrella OR 'structured literature') NEAR/3 (review* OR overview*)):ti,ab) OR ((systemic* NEAR/1 review*):ti,ab) OR (((systemati* OR literature OR database* OR 'data base*') NEAR/10 search*):ti,ab) OR (((structured OR comprehensive* OR systemic*) NEAR/3 search*):ti,ab) OR (((literature NEAR/3 review*):ti,ab) AND (search*:ti,ab OR database*:ti,ab OR 'data base*:ti,ab)) OR (('data extraction':ti,ab OR 'data source*:ti,ab) AND 'study selection':ti,ab) OR ('search strategy':ti,ab AND 'selection criteria':ti,ab) OR ('data source*:ti,ab AND 'data synthesis':ti,ab) OR medline:ab OR pubmed:ab OR embase:ab OR cochrane:ab OR (((critical OR rapid) NEAR/2 (review* OR overview* OR synthes*)):ti) OR (((critical* OR rapid*) NEAR/3 (review* OR overview* OR synthes*)):ab) AND (search*:ab OR database*:ab OR 'data base*:ab)) OR metasynthes*:ti,ab OR 'meta synthes*:ti,ab) NOT (('animal'/exp OR 'animal experiment'/exp OR 'animal model'/exp OR 'nonhuman'/exp) NOT 'human'/exp) NOT ('conference abstract'/it OR 'conference review'/it OR 'editorial'/it OR 'letter'/it OR 'note'/it)	542840
#4	#1 AND #2 AND #3	3097
#3	'exercise'/exp OR 'physiotherapy'/exp OR 'kinesiotherapy'/exp OR exercis*:ti,ab OR training*:ti,ab OR 'physical conditioning':ti,ab OR 'physical activ*':ti,ab OR movement:ti,ab OR 'physical therap*':ti,ab OR physiotherap*:ti,ab OR aerobic*:ti,ab OR endurance:ti,ab OR resistance:ti,ab OR strength:ti,ab OR 'high intensity':ti,ab OR hit:ti,ab OR hiet:ti,ab OR kinesiotherap*:ti,ab OR kinesitherap*:ti,ab OR sktm:ti,ab OR 'cesar therap*':ti,ab OR mensendieck:ti,ab	2820776
#2	'cardiovascular disease'/exp/mj OR 'heart ejection fraction'/exp/mj OR 'cardiotoxicity'/exp/mj OR 'heart disease'/exp/mj OR 'autonomic dysfunction'/exp/mj OR 'cardio oncology'/exp/mj OR 'ejection fraction':ti OR lvef:ti OR rvef:ti OR 'cardiac toxic*':ti OR cardiotoxic*:ti OR 'heart toxic*':ti OR 'cardio toxic*':ti OR endocarditis:ti OR bradycard*:ti OR tachycard*:ti OR 'cardio oncolog*':ti OR (((heart OR cardia* OR cardio* OR myocard* OR pericard* OR endocard*) NEAR/3 (dysfunct* OR disease* OR anomal* OR deficien* OR deform* OR disorder* OR neuropath* OR abnormalit* OR arrhythmi* OR failure* OR injur* OR fibril* OR dysrhythm* OR decompensat* OR incompeten* OR	2954251

	insufficien* OR syndrome* OR damage* OR lesion* OR trauma*)):ti)	
#1	'malignant neoplasm'/exp/mj OR 'malignant neoplasm' OR cancer*:ti OR neoplas*:ti OR tumor*:ti OR tumour*:ti OR malignan*:ti OR melanom*:ti OR lymphom*:ti OR oncol*:ti OR carcinom*:ti OR adenocarcinom*:ti OR metast*:ti	4002638

SCOPUS: 306 hits

(TITLE (cancer* OR neoplas* OR tumor* OR tumour* OR malignan* OR melanom* OR lymphom* OR oncol* OR carcinom* OR adenocarcinom* OR metast*)) AND (TITLE ("ejection fraction" OR lvef OR rvef OR "cardiac toxicit*" OR cardiotoxic* OR "heart toxic*" OR "cardio toxic*" OR endocarditis OR bradycard* OR tachycard* OR cardio-oncolog*) OR (TITLE (heart OR cardia* OR cardio* OR myocard* OR pericard* OR endocard*) W/3 TITLE (dysfunct* OR disease* OR anomal* OR deficien* OR deform* OR disorder* OR neuropath* OR abnormalit* OR arrhythmi* OR failure* OR injur* OR fibril* OR dysrhythm* OR decompensat* OR incompeten* OR insufficien* OR syndrome* OR damage* OR lesion* OR trauma*))) AND (TITLE-ABS (exercis* OR training* OR "physical conditioning" OR "physical activ*" OR movement OR "physical therap*" OR physiotherap* OR aerobic* OR endurance OR resistance OR strength OR high-intensity OR hit OR hiet OR kinesiotherap* OR kinesitherap* OR sktm OR "cesar therap*" OR mensendieck) OR AUTHKEY (exercis* OR training* OR "physical conditioning" OR "physical activ*" OR movement OR "physical therap*" OR physiotherap* OR aerobic* OR endurance OR resistance OR strength OR high-intensity OR hit OR hiet OR kinesiotherap* OR kinesitherap* OR sktm OR "cesar therap*" OR mensendieck))

Cochrane Library: 159 hits

ID	Search	Hits
#1	MeSH descriptor: [Neoplasms] explode all trees	80111
#2	(neoplas* OR cancer* OR tumor* OR tumour* OR oncol* OR malign* OR carcinom* OR adenocarcinom* OR lymphom*):ti	145880
#3	#1 OR #2	174711
#4	MeSH descriptor: [Cardiovascular Diseases] explode all trees	108942
#5	MeSH descriptor: [Stroke Volume] explode all trees	3627
#6	MeSH descriptor: [Cardiotoxicity] explode all trees	105
#7	MeSH descriptor: [Heart Diseases] explode all trees	52923
#8	((("ejection fraction") OR lvef OR rvef OR ("cardiac toxicit*") OR cardiotoxic* OR "heart toxic*" OR ("cardio toxic*") OR endocarditis OR bradycard* OR tachycard* OR (cardio-oncolog*)):ti	3063
#9	((heart OR cardia* OR cardio* OR myocard* OR pericard* OR endocard*) NEAR/3 (dysfunct* OR disease* OR anomal* OR deficien* OR deform* OR disorder* OR neuropath* OR abnormalit* OR arrhythmi* OR failure* OR injur* OR fibril* OR dysrhythm* OR decompensat* OR incompeten* OR insufficien* OR syndrome* OR damage* OR lesion* OR trauma*)):ti	26339
#10	#4 OR #5 OR #6 OR #7 OR #8 OR #9	124712
#11	MeSH descriptor: [Exercise] explode all trees	24831

#12	MeSH descriptor: [Exercise Therapy] explode all trees	13955
#13	MeSH descriptor: [Physical Therapy Modalities] explode all trees	25881
#14	MeSH descriptor: [Kinesiology Applied] explode all trees	52
#15	((exercis* OR training* OR ("physical conditioning") OR ("physical activ*") OR movement OR ("physical therap*") OR physiotherap* OR aerobic* OR endurance OR strength OR high-intensity OR hit OR hiet OR kinesiotherap* OR kinesitherap* OR sktm OR ("cesar therap*") OR mensendieck)):ti,ab,kw	208164
#16	#11 OR #12 OR #13 OR #14 OR #15	216397
#17	#3 AND #10 AND #16	159

Pedro: 15 hits

Abstract&Title: exerci* + Subdiscipline: Oncology + Title only: cardia* (2)
 Abstract&Title: physioth* + Subdiscipline: Oncology + Title only: cardia* (1)
 Abstract&Title: training* + Subdiscipline: Oncology + Title only: cardia* (2)
 Abstract&Title: kinesi* + Subdiscipline: Oncology + Title only: cardia* (0)
 Abstract&Title: aerobic* + Subdiscipline: Oncology + Title only: cardia* (0)
 Abstract&Title: strength* + Subdiscipline: Oncology + Title only: cardia* (0)
 Abstract&Title: exerci* + Subdiscipline: Oncology + Title only: heart* (6)
 Abstract&Title: physioth* + Subdiscipline: Oncology + Title only: heart* (0)
 Abstract&Title: training* + Subdiscipline: Oncology + Title only: heart* (2)
 Abstract&Title: kinesi* + Subdiscipline: Oncology + Title only: heart* (0)
 Abstract&Title: aerobic* + Subdiscipline: Oncology + Title only: heart* (2)
 Abstract&Title: strength* + Subdiscipline: Oncology + Title only: heart* (2)

OT Seeker: 1 hit

Title/abstract: exerci* OR training* OR "physical conditioning" OR "physical activ*" OR movement OR "physical therap*" OR physiotherap* OR aerobic* OR endurance OR strength OR high-intensity OR hit OR hiet OR kinesiotherap* OR kinesitherap* OR sktm OR "cesar therap*" OR mensendieck

AND

Title/abstract: cancer* OR oncolog*

AND

Title/abstract: heart* OR cardio* OR cardia*

Results: 2

Sportdiscus: 67 hits

#	Query	Results
S6	((DE "EXERCISE" OR DE "ABDOMINAL exercises" OR DE "AEROBIC exercises" OR DE "ANAEROBIC exercises" OR DE "AQUATIC exercises" OR DE "ARM exercises" OR DE "BACK exercises" OR DE "BREATHING exercises" OR DE "BREEMA" OR DE "BUTTOCKS exercises" OR DE "CALIS-	67

	<p>THENICS" OR DE "CHAIR exercises" OR DE "CHEST exercises" OR DE "CIRCUIT training" OR DE "COMPOUND exercises" OR DE "COOLDOWN" OR DE "DO-in" OR DE "EXERCISE adherence" OR DE "EXERCISE for children" OR DE "EXERCISE for girls" OR DE "EXERCISE for men" OR DE "EXERCISE for middle-aged persons" OR DE "EXERCISE for older people" OR DE "EXERCISE for people with disabilities" OR DE "EXERCISE for women" OR DE "EXERCISE for youth" OR DE "EXERCISE therapy" OR DE "EXERCISE video games" OR DE "FACIAL exercises" OR DE "FALUN gong exercises" OR DE "FOOT exercises" OR DE "GYMNASTICS" OR DE "HAND exercises" OR DE "HATHA yoga" OR DE "HIP exercises" OR DE "ISOKINETIC exercise" OR DE "ISOLATION exercises" OR DE "ISOMETRIC exercise" OR DE "ISOTONIC exercise" OR DE "KNEE exercises" OR DE "LEG exercises" OR DE "LIANGONG" OR DE "METABOLIC equivalent" OR DE "MULAN quan" OR DE "MUSCLE strength" OR DE "PILATES method" OR DE "PLYOMETRICS" OR DE "QI gong" OR DE "REDUCING exercises" OR DE "RUNNING" OR DE "RUNNING -- Social aspects" OR DE "SCHOOL exercises & recreations" OR DE "SEXUAL exercises" OR DE "SHOULDER exercises" OR DE "STRENGTH training" OR DE "STRESS management exercises" OR DE "TAI chi" OR DE "TREADMILL exercise" OR DE "WHEELCHAIR workouts" OR DE "YOGA") OR (DE "PHYSICAL therapy" OR DE "BALNEOLOGY" OR DE "COLD therapy" OR DE "ELECTROTHERAPEUTICS" OR DE "HYDROTHERAPY" OR DE "LIANGONG" OR DE "MANIPULATION therapy" OR DE "OCCUPATIONAL therapy" OR DE "PHOTOTHERAPY" OR DE "RECREATIONAL therapy" OR DE "SPORTS physical therapy" OR DE "THERMOTHERAPY" OR DE "VETERINARY physical therapy") OR TI exercis* OR training* OR "physical conditioning" OR "physical activ*" OR movement OR "physical therap*" OR physiotherap* OR aerobic* OR endurance OR resistance OR strength OR high-intensity OR hit OR hiet OR kinesiotherap* OR kinesitherap* OR sktm OR "cesar therap*" OR mensendieck OR AB exercis* OR training* OR "physical conditioning" OR "physical activ*" OR movement OR "physical therap*" OR physiotherap* OR aerobic* OR endurance OR resistance OR strength OR high-intensity OR hit OR hiet OR kinesiotherap* OR kinesitherap* OR sktm OR "cesar therap*" OR mensendieck) AND (S2 OR S3)) AND (S1 AND S4 AND S5)</p>	
<p>S5</p>	<p>((DE "EXERCISE" OR DE "ABDOMINAL exercises" OR DE "AEROBIC exercises" OR DE "ANAEROBIC exercises" OR DE "AQUATIC exercises" OR DE "ARM exercises" OR DE "BACK exercises" OR DE "BREATHING exercises" OR DE "BREEMA" OR DE "BUTTOCKS exercises" OR DE "CALISTHENICS" OR DE "CHAIR exercises" OR DE "CHEST exercises" OR DE "CIRCUIT training" OR DE "COMPOUND exercises" OR DE "COOLDOWN" OR DE "DO-in" OR DE "EXERCISE adherence" OR DE "EXERCISE for children" OR DE "EXERCISE for girls" OR DE "EXERCISE for men" OR DE "EXERCISE for middle-aged persons" OR DE "EXERCISE for older people" OR DE "EXERCISE for people with disabilities" OR DE "EXERCISE for women" OR DE "EXERCISE for youth" OR DE "EXERCISE therapy" OR DE "EXERCISE video games" OR DE "FACIAL exercises" OR DE "FALUN gong exercises" OR DE "FOOT exercises" OR DE "GYMNASTICS" OR DE "HAND exercises" OR DE "HATHA yoga" OR DE "HIP exercises" OR DE "ISOKINETIC exercise" OR DE "ISOLATION exercises" OR DE "ISOMETRIC exercise" OR DE "ISOTONIC exercise" OR DE "KNEE exercises" OR DE "LEG exercises" OR DE "LIANGONG" OR DE "METABOLIC equivalent" OR DE "MULAN quan" OR DE "MUSCLE strength" OR DE "PILATES method" OR DE "PLYOMETRICS" OR DE "QI gong" OR DE "REDUCING exercises" OR DE "RUNNING" OR DE "RUNNING -- Social aspects" OR DE "SCHOOL exercises & recreations" OR DE "SEXUAL exercises" OR DE "SHOULDER exercises" OR DE "STRENGTH training" OR DE "STRESS management exercises" OR DE "TAI chi" OR DE "TREADMILL exercise" OR DE "WHEELCHAIR workouts" OR DE "YOGA") OR (DE "PHYSICAL therapy" OR DE "BALNEOLOGY" OR DE "COLD therapy" OR DE "ELECTROTHERAPEUTICS" OR DE "HYDROTHERAPY" OR DE "LIANGONG" OR DE "MANIPULATION therapy" OR DE "OCCUPATIONAL therapy" OR DE "PHOTOTHERAPY" OR DE "RECREATIONAL therapy" OR DE "SPORTS physical therapy" OR DE "THERMOTHERAPY" OR DE "VETERINARY physical therapy") OR TI exercis* OR training* OR "physical conditioning" OR "physical activ*" OR movement OR "physical therap*" OR physiotherap* OR aerobic* OR endurance OR resistance OR strength</p>	<p>8,671</p>

	OR high-intensity OR hit OR hiet OR kinesiotherap* OR kinesitherap* OR sktm OR "cesar therap*" OR mensendieck OR AB exercis* OR training* OR "physical conditioning" OR "physical activ*" OR movement OR "physical therap*" OR physiotherap* OR aerobic* OR endurance OR resistance OR strength OR high-intensity OR hit OR hiet OR kinesiotherap* OR kinesitherap* OR sktm OR "cesar therap*" OR mensendieck) AND (S2 OR S3)	
S4	((DE "EXERCISE" OR DE "ABDOMINAL exercises" OR DE "AEROBIC exercises" OR DE "ANAEROBIC exercises" OR DE "AQUATIC exercises" OR DE "ARM exercises" OR DE "BACK exercises" OR DE "BREATHING exercises" OR DE "BREEMA" OR DE "BUTTOCKS exercises" OR DE "CALISTHENICS" OR DE "CHAIR exercises" OR DE "CHEST exercises" OR DE "CIRCUIT training" OR DE "COMPOUND exercises" OR DE "COOLDOWN" OR DE "DO-in" OR DE "EXERCISE adherence" OR DE "EXERCISE for children" OR DE "EXERCISE for girls" OR DE "EXERCISE for men" OR DE "EXERCISE for middle-aged persons" OR DE "EXERCISE for older people" OR DE "EXERCISE for people with disabilities" OR DE "EXERCISE for women" OR DE "EXERCISE for youth" OR DE "EXERCISE therapy" OR DE "EXERCISE video games" OR DE "FACIAL exercises" OR DE "FALUN gong exercises" OR DE "FOOT exercises" OR DE "GYMNASTICS" OR DE "HAND exercises" OR DE "HATHA yoga" OR DE "HIP exercises" OR DE "ISOKINETIC exercise" OR DE "ISOLATION exercises" OR DE "ISOMETRIC exercise" OR DE "ISOTONIC exercise" OR DE "KNEE exercises" OR DE "LEG exercises" OR DE "LIANGONG" OR DE "METABOLIC equivalent" OR DE "MULAN quan" OR DE "MUSCLE strength" OR DE "PILATES method" OR DE "PLYOMETRICS" OR DE "QI gong" OR DE "REDUCING exercises" OR DE "RUNNING" OR DE "RUNNING -- Social aspects" OR DE "SCHOOL exercises & recreations" OR DE "SEXUAL exercises" OR DE "SHOULDER exercises" OR DE "STRENGTH training" OR DE "STRESS management exercises" OR DE "TAI chi" OR DE "TREADMILL exercise" OR DE "WHEELCHAIR workouts" OR DE "YOGA") OR (DE "PHYSICAL therapy" OR DE "BALNEOLOGY" OR DE "COLD therapy" OR DE "ELECTROTHERAPEUTICS" OR DE "HYDROTHERAPY" OR DE "LIANGONG" OR DE "MANIPULATION therapy" OR DE "OCCUPATIONAL therapy" OR DE "PHOTOTHERAPY" OR DE "RECREATIONAL therapy" OR DE "SPORTS physical therapy" OR DE "THERMOTHERAPY" OR DE "VETERINARY physical therapy")) OR TI (exercis* OR training* OR "physical conditioning" OR "physical activ*" OR movement OR "physical therap*" OR physiotherap* OR aerobic* OR endurance OR resistance OR strength OR high-intensity OR hit OR hiet OR kinesiotherap* OR kinesitherap* OR sktm OR "cesar therap*" OR mensendieck) OR AB (exercis* OR training* OR "physical conditioning" OR "physical activ*" OR movement OR "physical therap*" OR physiotherap* OR aerobic* OR endurance OR resistance OR strength OR high-intensity OR hit OR hiet OR kinesiotherap* OR kinesitherap* OR sktm OR "cesar therap*" OR mensendieck)	480,011
S3	TI ("ejection fraction" OR lvef OR rvef OR "cardiac toxicit*" OR cardiotoxic* OR "heart toxic*" OR "cardio toxic*" OR endocarditis OR bradycard* OR tachycard* OR cardio-oncolog*) OR TI ((heart OR cardia* OR cardio* OR myocard* OR pericard* OR endocard*) N3 (dysfunct* OR disease* OR anomal* OR deficien* OR deform* OR disorder* OR neuropath* OR abnormalit* OR arrhythmi* OR failure* OR injur* OR fibril* OR dysrhythm* OR decompensat* OR incompeten* OR insufficien* OR syndrome* OR damage* OR lesion* OR trauma*))	7,858
S2	((DE "CARDIOVASCULAR diseases" OR DE "BLOOD circulation disorders" OR DE "HEART diseases" OR DE "HYPERTENSION" OR DE "THROMBOSIS" OR DE "UPPER extremity deep vein thrombosis" OR DE "VASCULAR diseases") OR (DE "STROKE volume (Cardiac output)")) OR (DE "HEART diseases" OR DE "ARRHYTHMIA" OR DE "CARDIAC arrest" OR DE "CARDIAC hypertrophy" OR DE "CARDIOMYOPATHIES" OR DE "CORONARY disease" OR DE "HEART block" OR DE "HEART dilatation" OR DE "HEART failure")	23,479

S1	(DE "CANCER" OR DE "BONE cancer" OR DE "BREAST cancer" OR DE "CANCER in women" OR DE "CANCER in young adults" OR DE "LUNG cancer") OR TI (neoplas* or cancer* or tumor* or tumour* or oncol* or malign* or carcinom* or adenocarcinom* or lymphom*)	15,498
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Trip Database: 42 hits

#5	#2 AND #3 AND #4	
#4	(exerci* OR training* OR "physical conditioning" OR "physical activ*" OR movement OR "physical therap*" OR physiotherap* OR aerobic* OR endurance OR strength OR high-intensity OR hit OR hiet OR kinesiotherap* OR kinesitherap* OR sktm OR "cesar therap*" OR mensendieck)	
#3	title:(heart* OR cardio* OR cardia*)	
#2	title:(neoplas* or cancer* or tumor* or tumour* or oncol* or malign* or carcinom* or adenocarcinom* or lymphom*)	

NICE: 0 hits

Zoeken op exercise en synoniemen leverde één niet-relevant artikel op

G-I-N network: 0 hits

Combinaties van:

Cancer/neoplasms/oncology + heart/cardiovascular/cardiac + exercise – 0 resultaten

ECRI Guidelines Trust: 57 hits

(neoplas* OR cancer* OR tumor* OR tumour* OR oncol* OR malign* OR carcinom* OR adenocarcinom* OR lymphom*) AND (heart OR cardia* OR cardio*) AND (exercis* OR training* OR physiotherap* OR aerobic* OR endurance OR strength OR kinesiotherap* OR kinesitherap* OR "cesar therap*" OR mensendieck OR high-intensity OR movement)

Bestaande richtlijnen kanker en moeheid

- Denemarken: <https://www.fysio.dk/fafo/faglige-anbefalinger/kliniske-retningslinjer/publicerede-kliniske-retningslinjer/onkologi/fysisk-traning-som-intervention-cancer>
- Duitsland: <https://www.awmf.org/leitlinien/aktuelle-leitlinien.html> (richtlijn over moeheid maar link werkte niet)
- Verenigde Staten: <https://ascopubs.org/doi/full/10.1200/jco.2013.53.4495>
- ESMO: <https://www.annalsofoncology.org/article/S0923-7534%2820%2936077-4/pdf>

Bijlage C.2-2 'Risk-of-biastabel: beoordeling van de studies bij patiënten met cardiotoxiciteit'

Auteur (jaar van publicatie)	Proces van randomisatie	Geblindeerde toewijzing	Blinding van deelnemers	Blinding van uitkomst beoordeelaar	Volledigheid van gegevens	Rapportage van bevindingen
Jones (2014)	+	+	-	+	+	+
Tsai (2019)	?	-	-	?	-	+

+ = laag risico op vertekening, - = hoog risico op vertekening, ? = onbekend risico op vertekening

Bijlage C.2-3 'Evidence-to-decision voor beweginginterventies bij cardiotoxiciteit'

	BEOORDELING								
1. Gewenste effecten	zeer klein	klein		matig		groot	varieert	geen idee	niet gemeten
2. Ongewenste effecten	groot	matig		klein		zeer klein	varieert	geen idee	niet gemeten
3. Kwaliteit gewenste effecten	zeer laag	laag		matig		hoog	varieert	geen idee	niet gemeten
4. Balans tussen gewenste en ongewenste effecten	de ongewenste effecten overtreffen zeker de gewenste effecten	de ongewenste effecten overtreffen waarschijnlijk de gewenste effecten	de gewenste en ongewenste effecten zijn gelijk	de gewenste effecten overtreffen waarschijnlijk de ongewenste effecten	de gewenste effecten overtreffen zeker de ongewenste effecten	varieert	geen idee	geen ongewenste effecten gemeten	
5. Waarde aan gewenste effecten	zeer laag	laag		redelijk		groot	geen idee		
6. Variatie in waarde aan gewenste effecten	veel variatie	matige variatie		weinig variatie		geen variatie	geen idee		
7. Benodigde middelen (kosten)	hoge kosten	matige kosten	vrijwel geen kosten of besparingen	matige besparingen	hoge besparingen	varieert	geen idee		
8. Variatie in benodigde middelen (kosten)	hoog	matig		laag		zeer laag	geen idee		
9. Kosteneffectiviteit	niet kosteneffectief	waarschijnlijk niet kosteneffectief	interventie en usual care zijn gelijk	waarschijnlijk wel kosteneffectief	wel kosteneffectief	varieert	geen studies beschikbaar		
10. Aanvaardbaarheid	niet	waarschijnlijk niet		waarschijnlijk wel		ja	varieert	geen idee	
11. Haalbaarheid	niet realistisch	waarschijnlijk niet realistisch		waarschijnlijk realistisch		wel realistisch	varieert	geen idee	

Aanbeveling	sterke aanbeveling tegen interventie	zwakke aanbeveling tegen interventie	aanbeveling voor onderzoek / geen aanbeveling	zwakke aanbeveling voor interventie	sterke aanbeveling voor interventie	
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Bijlagen bij noot C.3 'Chemotherapie-geïnduceerde perifere neuropathie'**Bijlage C.3-1 'Zoekverantwoording (19 maart 2021)'****Medline: 142 hits**

1	exp Neoplasms/ or (cancer* or neoplas* or tumor* or tumour* or malignan* or melanom* or lymphom* or oncol* or carcinom* or adenocarcinom* or metast*).ti,ab,kf.	4566702
2	Peripheral Nervous System Diseases/ or (((neuropath* or "nerve disease*" or "nerve lesion*" or "nerve abnormalit*") adj2 peripher*) or mononeuropath* or polyneuropath* or "multiple neuropathy" or "peripheral neuralgia" or polyneuritis or "multiple neuritis").ti,ab,kf.	55077
3	exp Exercise/ or exp Physical Therapy Modalities/ or (exercis* or training* or "physical conditioning" or "physical activ*" or "movement therap*" or "physical therap*" or physiotherap* or aerobic* or endurance or strength or high-intensity or hit or hiet or kinesiotherap* or kinesitherap* or sktm or "cesar therap*" or mensendieck).ti,ab,kf.	1353411
4	1 and 2 and 3	334
5	(meta-analysis/ or meta-analysis as topic/ or (metaanaly* or meta-analy* or metanaly*).ti,ab,kf. or systematic review/ or cochrane.jw. or (prisma or prospero).ti,ab,kf. or ((systemati* or scoping or umbrella or "structured literature") adj3 (review* or overview*).ti,ab,kf. or (systemic* adj1 review*).ti,ab,kf. or ((systemati* or literature or database* or data-base*) adj10 search*).ti,ab,kf. or ((structured or comprehensive* or systemic*) adj3 search*).ti,ab,kf. or ((literature adj3 review*) and (search* or database* or database*).ti,ab,kf. or (("data extraction" or "data source*") and "study selection").ti,ab,kf. or ("search strategy" and "selection criteria").ti,ab,kf. or ("data source*" and "data synthesis").ti,ab,kf. or (medline or pubmed or embase or cochrane).ab. or ((critical or rapid) adj2 (review* or overview* or synthes*).ti. or (((critical* or rapid*) adj3 (review* or overview* or synthes*)) and (search* or database* or data-base*).ab. or (metasynthes* or meta-synthes*).ti,ab,kf.) not (comment/ or editorial/ or letter/ or ((exp animals/ or exp models, animal/ not humans/))	485037
6	(exp randomized controlled trial/ or random*.ti,ab,kf. or ((pragmatic or practical) adj clinical trial*).ti,ab,kf. or ((non-inferiority or noninferiority or superiority or equivalence) adj3 trial*).ti,ab,kf.) not (comment/ or editorial/ or letter/ or ((exp animals/ or exp models, animal/ not humans/))	1191986
7	(Practice Guideline/ or Guideline/ or Consensus/ or exp Consensus Development Conferences as Topic/ or exp Consensus Development Conference/ or (guideline or practice guideline).pt. or (guideline* or recommendati* or protocol* or "position statement*" or "position paper*" or "ethics code*" or "ethical code*" or "ethical directive*" or "ethical oath*" or "profesional ethic*" or pathway* or consensus*).ti,ab,kf.) not (comment/ or editorial/ or letter/ or ((exp animals/ or exp models, animal/ not humans/))	1938993
8	6 or 7	2980164
9	4 and 5	35
10	4 and 8	107

Embase: 243 hits

No.	Query	Results
#10	#4 AND #8	173
#9	#4 AND #5	70
#8	#6 OR #7	2984971
#7	('practice guideline'/de OR guideline*:ab,ti OR cpg:ab,ti OR recommendati*:ti,ab,kw OR protocol*:ti,ab,kw OR 'position statement*':ti,ab,kw OR 'position paper*':ti,ab,kw OR 'ethics code*':ti,ab,kw OR 'ethical code*':ti,ab,kw OR 'ethical directive*':ti,ab,kw OR 'ethical oath*':ti,ab,kw OR 'professional ethic*':ti,ab,kw OR pathway*:ti,ab,kw OR consensus*:ti,ab,kw) NOT (('animal'/exp OR 'animal experiment'/exp OR 'animal model'/exp OR 'nonhuman'/exp) NOT 'human'/exp) NOT ('conference abstract'/it OR 'conference review'/it OR 'editorial'/it OR 'letter'/it OR 'note'/it)	1970640
#6	('randomized controlled trial'/exp OR random*:ti,ab OR (((pragmatic OR practical) NEAR/1 'clinical trial*'):ti,ab) OR (((('non inferiority' OR noninferiority OR superiority OR equivalence) NEAR/3 trial*'):ti,ab)) NOT (('animal'/exp OR 'animal experiment'/exp OR 'animal model'/exp OR 'nonhuman'/exp) NOT 'human'/exp) NOT ('conference abstract'/it OR 'conference review'/it OR 'editorial'/it OR 'letter'/it OR 'note'/it)	1168548
#5	('meta analysis'/exp OR 'meta analysis (topic)'/exp OR metaanaly*:ti,ab OR 'meta analy*':ti,ab OR metanaly*:ti,ab OR 'systematic review'/de OR 'cochrane database of systematic reviews'/jt OR prisma:ti,ab OR prospero:ti,ab OR (((systemati* OR scoping OR umbrella OR 'structured literature') NEAR/3 (review* OR overview*)):ti,ab) OR ((systemic* NEAR/1 review*):ti,ab) OR (((systemati* OR literature OR database* OR 'data base*') NEAR/10 search*):ti,ab) OR (((structured OR comprehensive* OR systemic*) NEAR/3 search*):ti,ab) OR (((literature NEAR/3 review*):ti,ab) AND (search*:ti,ab OR database*:ti,ab OR 'data base*':ti,ab)) OR (('data extraction':ti,ab OR 'data source*':ti,ab) AND 'study selection':ti,ab) OR ('search strategy':ti,ab AND 'selection criteria':ti,ab) OR ('data source*':ti,ab AND 'data synthesis':ti,ab) OR medline:ab OR pubmed:ab OR embase:ab OR cochrane:ab OR (((critical OR rapid) NEAR/2 (review* OR overview* OR synthes*)):ti) OR (((critical* OR rapid*) NEAR/3 (review* OR overview* OR synthes*)):ab) AND (search*:ab OR database*:ab OR 'data base*':ab)) OR metasynthes*:ti,ab OR 'meta synthes*':ti,ab) NOT (('animal'/exp OR 'animal experiment'/exp OR 'animal model'/exp OR 'nonhuman'/exp) NOT 'human'/exp) NOT ('conference abstract'/it OR 'conference review'/it OR 'editorial'/it OR 'letter'/it OR 'note'/it)	549826
#4	#1 AND #2 AND #3	890
#3	'exercise'/exp OR 'physiotherapy'/exp OR 'kinesiotherapy'/exp OR exercis*:ti,ab,kw OR training*:ti,ab,kw OR 'physical conditioning':ti,ab,kw OR 'physical activ*':ti,ab,kw OR 'movement therap*':ti,ab,kw OR 'physical therap*':ti,ab,kw OR physiotherap*:ti,ab,kw OR aerobic*:ti,ab,kw OR endurance:ti,ab,kw OR strength:ti,ab,kw OR 'high intensity':ti,ab,kw OR hit:ti,ab,kw OR hiet:ti,ab,kw OR kinesiotherap*:ti,ab,kw OR kinesitherap*:ti,ab,kw OR sktm:ti,ab,kw OR 'cesar therap*':ti,ab,kw OR mensendieck:ti,ab,kw	1715827
#2	'peripheral neuropathy'/de OR 'chemotherapy-induced peripheral neuropathy'/de OR 'oxaliplatin-induced peripheral neuropathy'/de OR (((neuropath* OR 'nerve disease*' OR 'nerve lesion*' OR 'nerve abnormalit*') NEAR/2 peripher*):ti,ab,kw) OR mononeuropath*:ti,ab,kw OR polyneuropath*:ti,ab,kw OR 'multiple neuropathy':ti,ab,kw OR 'peripheral neuralgia':ti,ab,kw OR polyneuritis:ti,ab,kw OR 'multiple neuritis':ti,ab,kw	89785

#1	'malignant neoplasm'/exp OR cancer*:ti,ab,kw OR neoplas*:ti,ab,kw OR tumor*:ti,ab,kw OR tumour*:ti,ab,kw OR malignan*:ti,ab,kw OR melanom*:ti,ab,kw OR lymphom*:ti,ab,kw OR oncol*:ti,ab,kw OR carcinom*:ti,ab,kw OR adenocarcinom*:ti,ab,kw OR metast*:ti,ab,kw	5716046
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SCOPUS: 250 hits

Geen inperking op systematic reviews/meta-analyses mogelijk

(TITLE-ABS (neoplas* OR cancer* OR tumor* OR tumour* OR oncol* OR malign* OR carcinom* OR adenocarcinom* OR lymphom*) OR AUTHKEY (neoplas* OR cancer* OR tumor* OR tumour* OR oncol* OR malign* OR carcinom* OR adenocarcinom* OR lymphom*)) AND (TITLE-ABS (((neuropath* OR "nerve disease*" OR "nerve lesion*" OR "nerve abnormalit*") W/2 (peripher*)) OR mononeuropath* OR polyneuropath* OR "multiple neuropathy" OR "peripheral neuralgia" OR polyneuritis OR "multiple neuritis")) OR AUTHKEY (((neuropath* OR "nerve disease*" OR "nerve lesion*" OR "nerve abnormalit*") W/2 (peripher*)) OR mononeuropath* OR polyneuropath* OR "multiple neuropathy" OR "peripheral neuralgia" OR polyneuritis OR "multiple neuritis")))) AND (TITLE-ABS (exercis* OR training* OR "physical conditioning" OR "physical activ*" OR "movement therap*" OR "physical therap*" OR physiotherap* OR aerobic* OR endurance OR strength OR high-intensity OR hit OR hiet OR kinesiotherap* OR kinesitherap* OR sktm OR "cesar therap*" OR mensendieck) OR AUTHKEY (exercis* OR training* OR "physical conditioning" OR "physical activ*" OR "movement therap*" OR "physical therap*" OR physiotherap* OR aerobic* OR endurance OR strength OR high-intensity OR hit OR hiet OR kinesiotherap* OR kinesitherap* OR sktm OR "cesar therap*" OR mensendieck))

Cochrane Library: 166 hits

ID	Search	Hits
#1	MeSH descriptor: [Neoplasms] explode all trees	80788
#2	(neoplas* OR cancer* OR tumor* OR tumour* OR oncol* OR malign* OR carcinom* OR adenocarcinom* OR lymphom*):ti,ab,kw	229525
#3	#1 OR #2	236645
#4	MeSH descriptor: [Peripheral Nervous System Diseases] this term only	976
#5	(((((neuropath* OR "nerve disease*" OR "nerve lesion*" OR "nerve abnormalit*") NEAR/2 (peripher*)) OR mononeuropath* OR polyneuropath* OR "multiple neuropathy" OR "peripheral neuralgia" OR polyneuritis OR "multiple neuritis"))):ti,ab,kw	6427
#6	#4 OR #5	6775
#7	MeSH descriptor: [Exercise] explode all trees	25067
#8	MeSH descriptor: [Physical Therapy Modalities] explode all trees	26166
#9	(exercis* or training* or "physical conditioning" or "physical activ*" or "movement therap*" or "physical therap*" or physiotherap* or aerobic* or endurance or strength or high-intensity or hit or hiet or kinesiotherap* or kinesitherap* or sktm or "cesar therap*" or mensendieck):ti,ab,kw	192178
#10	#7 OR #8 OR #9	200959
#11	#3 AND #6 AND #10	166

Pedro: 81 hits

- abstract title: peripher*, subdiscipline: oncology (78 records)
- abstract title: mononeuropath*, subdiscipline: oncology (0 records)
- abstract title: polyneuropath*, subdiscipline: oncology* (1 record)
- abstract title: multiple neuropath*, subdiscipline: oncology (1 record)
- abstract title: neuralgia, subdiscipline: oncology (1 record)
- abstract title: polyneuritis, subdiscipline: oncology (0 records)
- abstract title: multiple neuritis, subdiscipline: oncology (0 records)

OT Seeker: 1 hit

[Title/Abstract] like 'exercis* or training* or "physical conditioning" or "physical activ*" or "movement therap*' or "physical therap*" or physiotherap* or aerobic* or endurance or strength or high-intensity or hit or hiet or kinesiotherap* or kinesitherap* or sktm or "cesar therap*" or mensendieck' AND [Title/Abstract] like 'peripher*' AND [Any Field] like 'oncolog* or cancer*' 1
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Sportdiscus: 19 hits

S8	S1 AND S4 AND S7	19
S7	S5 OR S6	411,862
S6	(TI (exercis* or training* or "physical conditioning" or "physical activ*" or "movement therap*" or "physical therap*" or physiotherap* or aerobic* or endurance or strength or high-intensity or hit or hiet or kinesiotherap* or kinesitherap* or sktm or "cesar therap*" or mensendieck) OR AB (exercis* or training* or "physical conditioning" or "physical activ*" or "movement therap*" or "physical therap*" or physiotherap* or aerobic* or endurance or strength or high-intensity or hit or hiet or kinesiotherap* or kinesitherap* or sktm or "cesar therap*" or mensendieck) OR KW (exercis* or training* or "physical conditioning" or "physical activ*" or "movement therap*" or "physical therap*" or physiotherap* or aerobic* or endurance or strength or high-intensity or hit or hiet or kinesiotherap* or kinesitherap* or sktm or "cesar therap*" or mensendieck)	387,899
S5	((DE "EXERCISE") OR (DE "PHYSICAL therapy")) OR (DE "EXERCISE therapy")	106,265
S4	S2 OR S3	1,050
S3	DE "PERIPHERAL neuropathy"	290
S2	TI ((((neuropath* OR "nerve disease*" OR "nerve lesion*" OR "nerve abnormalit*") N2 (peripher*) OR mononeuropath* OR polyneuropath* OR "multiple neuropathy" OR "peripheral neuralgia" OR polyneuritis OR "multiple neuritis")) OR AB ((((neuropath* OR "nerve disease*" OR "nerve lesion*" OR "nerve abnormalit*") N2 (peripher*) OR mononeuropath* OR polyneuropath* OR "multiple neuropathy" OR "peripheral neuralgia" OR polyneuritis OR "multiple neuritis")) OR KW ((((neuropath* OR "nerve disease*" OR "nerve lesion*" OR "nerve abnormalit*") N2 (peripher*) OR mononeuropath* OR polyneuropath* OR "multiple neuropathy" OR "peripheral neuralgia" OR polyneuritis OR "multiple neuritis"))	887
S1	(DE "CANCER" OR DE "BONE cancer" OR DE "BREAST cancer" OR DE "CANCER in	30,489

	women" OR DE "CANCER in young adults" OR DE "LUNG cancer") OR TI (neoplas* or cancer* or tumor* or tumour* or oncol* or malign* or carcinom* or adenocarcinom* or lymphom*) OR AB (neoplas* or cancer* or tumor* or tumour* or oncol* or malign* or carcinom* or adenocarcinom* or lymphom*) OR KW (neoplas* or cancer* or tumor* or tumour* or oncol* or malign* or carcinom* or adenocarcinom* or lymphom*)	
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Trip Database: 94 hits

#1	(neoplas* or cancer* or tumor* or tumour* or oncol* or malign* or carcinom* or adenocarcinom* or lymphom*)
#2	(peripher*) (neuropath* or "nerve or disease*" or "nerve or lesion*" or "nerve or abnormalit*")
#3	(mononeuropath* or polyneuropath* or "multiple or neuropathy" or "peripheral or neuralgia" or polyneuritis or "multiple or neuritis")
#4	(exercis* or training* or "physical or conditioning" or "physical or activ*" or "movement or therap*" or "physical or therap*" or physiotherap* or aerobic* or endurance or strength or high-intensity or hit or hiet or kinesiotherap* or kinesitherap* or sktm or "cesar or therap*" or mensendieck)
#5	#1 AND (#2 OR #3) AND #4

NICE: 7 hits

Zoekterm	Link	aantal
neuropa	https://www.nice.org.uk/guidance/published?type=apg,csq,ccg,cov,mpg,ph,sg,sc,dg,hst,ipg,mtg,qs,ta&title=neuropa	7

G-I-N network: 13 hits

Gezocht op neuropa*.

ECRI Guidelines Trust: 13 hits

(neoplas* OR cancer* OR tumor* OR tumour* OR oncol* OR malign* OR carcinom* OR adenocarcinom* OR lymphom*) AND (neuropath* OR mononeuropath* OR polyneuropath* OR neuralga) AND (exercis* OR training* OR physiotherap* OR aerobic* OR endurance OR strength OR high-intensity OR hit OR hiet OR kinesiotherap* OR kinesitherap* OR sktm OR cesar OR mensendieck)	13
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Bijlage C.3-2 'Overzicht van gerandomiseerde studies naar de effectiviteit van beweeginterventies op CIPN-symptomen en functionele balans'

Auteur (jaar van publicatie)	Type kanker	Aantal deelnemers	Type interventie	Timing	Interventieduur (weken)	Uitkomstmaat	Effect (95%-BI)
CIPN symptomen							
Bland (2019)	borst	27	duurtraining krachttraining balansoefeningen	tijdens chemotherapie	8-12	EORTC - CIPN20 ¹	Effectgrootte niet gerapporteerd. Geen verschil tussen interventie- en controlegroep.
Clark (2012)	verschillend	14	yoga	na oncologische behandeling	6	FACT-Ntx ²	0,58 (-0,50; 1,66) [†]
Kleckner (2019)	verschillend	355	duurtraining krachttraining	tijdens chemotherapie	6	CIPN symptomen gevoelloosheid en tintelingen ³	-0,25 (-0,45;-0,04)* [†]
Zimmer (2018)	gemetastaseerd colorectaal	30	duurtraining krachttraining balansoefeningen	tijdens palliatieve behandeling	8	FACT-Ntx ²	0,70 (-1,45;0,04) [†]
Hammond (2020)	borst	48	zenuwglijden	tijdens chemotherapie	7-18	LANSS ⁴	Effectgrootte niet gerapporteerd. Geen verschil tussen interventie- en controlegroep.
Functionele balans							
Dhawan (2019)	verschillend	45	krachttraining balansoefeningen	tijdens chemotherapie	10	CIPNAT ⁵	Significant lagere score in de interventiegroep (gem. 83,1) in vergelijking met de controlegroep (gem. 140,8). Spreiding in scores niet gerapporteerd.
Schwenk (2016)	verschillend	19	balansoefeningen	na oncologische	4	verplaatsing zwaartepunt mediaal-	Percentage verandering groter in interventie-

				behandeling		lateraal, staand met ogen open	(55,5%) dan in controle-groep (21,2%). Effectgrootte η^2 0,286; $p = 0,022$.
Streckmann (2014)	lymfoom	56	duurtraining krachttraining sensorimotortraining	tijdens behandeling	36	verplaatsing zwaartepunt mediaal-lateraal, staand met ogen open	Effectgrootte niet gerapporteerd. Geen verschil tussen interventie- en controle-groep.
Streckmann (2018)	verschillend	20	sensorimotor training	na oncologische behandeling	6	verplaatsing zwaartepunt	Effectgrootte niet gerapporteerd. Geen verschil tussen interventie- en controle-groep.
Stuecher (2018)	gastro-intestinaal	28	duurtraining	tijdens chemotherapie	12	SPPB ⁷	Geen verschil tussen de interventie- ($0,42 \pm 1,16$) en controlegroep ($0,08 \pm 2,72$). Effectgrootte F 0,6; $p = 0,28$.
Vollmers (2018)	borst	36	sensorimotortraining	tijdens chemotherapie	6	FAB ⁸	0,92 (0,23; 1,61) *†

a Significant verschil tussen interventie- en controlegroep. b Gestandaardiseerd gemiddeld verschil.

¹ 'European Organization for Research and Treatment of Cancer' CIPN20 (score 0-100): een vermindering van symptomen wordt aangegeven door een lagere score. ² FACT-Ntx = 'Functional Assessment of Cancer - Neurotoxicity' (score 0-44): een vermindering van symptomen wordt aangegeven door een hogere score. ³ Zelfgerapporteerde CIPN-symptomen gevoelloosheid en tintelingen (score 0-10): een vermindering van symptomen wordt aangegeven door een lagere score. ⁴ LANSS = 'Leeds Assessment of Neuropathic Symptoms and Signs pain scale' (score 0-24): bij een lagere score is het onwaarschijnlijk dat neurotoxiciteit bijdraagt aan pijnbeleving. ⁵ SIIPNAT = 'Chemotherapy-Induced Peripheral Neuropathy Assessment Tool' (score 0-270): een lagere score duidt op minder klachten als het gevolg van neurotoxische symptomen. ⁶ Perifere sensitiviteit geëvalueerd met een stemvork (score 0-8): een lage score duidt op minder sensitiviteit. ⁷ SOOB = 'Short Physical Performance Battery' (score 0-12): een hogere score duidt op een betere prestatie. ⁸ FAB = 'Fullerton Advanced Balance' Schaal (score 0-40): een hogere score duidt op minder sensorische problemen.

Bijlage C.3-3 'Risk-of-biastabel: beoordeling van de studies die zijn geïncludeerd door Tanay (2021)'

Auteur (jaar van publicatie)	Selectie bias	Studie design	Confounders	Blinding	Dataverzameling	Volledigheid van gegevens
Wonders (2013)	+/-	+/-	+/-	+/-	-	-
Streckmann (2014)	+	+/-	+/-	-	+/-	-
Tofthagen (2014)	-	+/-	-	-	+/-	-
Fernandes (2016)	-	+/-	-	-	-	-
Schwenk (2016)	+/-	+	+/-	+/-	+	+/-
Kleckner (2018)	+/-	+	+	+/-	+	+
Vollmers (2018)	+/-	-	+/-	+/-	+	+/-
Zimmer (2018)	+/-	+/-	+/-	+/-	+	+
McCrary (2019)	+/-	+/-	+/-	+/-	+	+
Kneis (2019)	+	+/-	+/-	+/-	+	+
Bland (2019)	+	+/-	+	-	+/-	+
Hammond (2020)	+/-	-	-	+/-	-	-
Bahar-Ozdemir (2020)	+/-	+/-	-	+/-	+/-	+/-

+ = laag risico op vertekening, - = hoog risico op vertekening, ? = onbekend risico op vertekening.

Bijlage C.3-4 'Risk-of-biastabel: beoordeling van de studies die zijn geïncludeerd door Kanzawe-Lee (2020)'

Auteur (jaar van publicatie)	CIPN Uitkomstmaat	RCT	Gebliende toewijzing	Power ≥ 80%	Geschikte deelnemers	Vergelijkbare groepen	Blinding	Valide uitkomstmaat	Onvolledige gegevens ≤ 20%	Intention-to-treat	Geen belangenverstrengeling
McCrary (2019)	+	-	n.v.t.	+	+	n.v.t.	?	+	+	-	+
Streckmann (2018)	+	+	+	-	+	+	+	+	+	+	+
Zimmer (2018)	+	+	+	+	+	+	-	+	+	+	+
Dhawan (2019)	+	+	+	+	+	-	?	-	+	+	+
Wonders (2014)	+	-	n.v.t.	?	+	n.v.t.	-	-	+	-	?
Clark (2012)	-	+	+	-	+	+	?	+	+	+	+
Courneya (2013)	-	+	+	+	-	+	-	-	+	+	+
Fernandes (2016)	-	-	n.v.t.	-	+	n.v.t.	-	+	?	?	-
Henke (2014)	-	+	+	-	-	-	?	-	-	-	+
Kleckner (2018)	-	+	+	+	+	+	-	-	+	?	+
Mizrahi (2015)	-	-	n.v.t.	-	-	n.v.t.	-	+	-	-	+
Streckmann (2014)	-	+	+	-	-	+	+	+	+	+	+
Vollmers (2018)	-	+	+	?	+	-	?	+	+	-	+

+ = laag risico op vertekening, - = hoog risico op vertekening, ? = onbekend risico op vertekening, n.v.t. = niet van toepassing.

Bijlage C.3-5 'Evidence-to-decision voor beweeginterventies bij chemotherapie-geïnduceerde perifere neuropathie'

BEOORDELING								
1. Gewenste effecten	zeer klein	klein	matig		groot	varieert	geen idee	niet gemeten
2. Ongewenste effecten	groot	matig	klein		zeer klein	varieert	geen idee	niet gemeten
3. Kwaliteit gewenste effecten	zeer laag	laag	matig		hoog	varieert	geen idee	niet gemeten
4. Balans tussen gewenste en ongewenste effecten	de ongewenste effecten overtreffen zeker de gewenste effecten	de ongewenste effecten overtreffen waarschijnlijk de gewenste effecten	de gewenste en ongewenste effecten zijn gelijk	de gewenste effecten overtreffen waarschijnlijk de ongewenste effecten	de gewenste effecten overtreffen zeker de ongewenste effecten	varieert	geen idee	geen ongewenste effecten gemeten
5. Waarde aan gewenste effecten	zeer laag	laag	redelijk		groot	geen idee		
6. Variatie in waarde aan gewenste effecten	veel variatie	matige variatie	weinig variatie		geen variatie	geen idee		
7. Benodigde middelen (kosten)	hoge kosten	matige kosten	vrijwel geen kosten of besparingen	matige besparingen	hoge besparingen	varieert	geen idee	
8. Variatie in benodigde middelen (kosten)	hoog	matig	laag		zeer laag	geen idee		
9. Kosten-effectiviteit	niet kosteneffectief	waarschijnlijk niet kosteneffectief	interventie en usual care zijn gelijk	waarschijnlijk wel kosteneffectief	wel kosteneffectief	varieert	geen studies beschikbaar	
10. Aanvaardbaarheid	niet	waarschijnlijk niet	waarschijnlijk wel		ja	varieert	geen idee	
11. Haalbaarheid	niet realistisch	waarschijnlijk niet realistisch	waarschijnlijk realistisch		wel realistisch	varieert	geen idee	

Aanbeveling	sterke aanbeveling tegen interventie	zwakke aanbeveling tegen interventie	aanbeveling voor onderzoek / geen aanbeveling	zwakke aanbeveling voor interventie	sterke aanbeveling voor interventie	
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Bijlagen bij Noot C.4 'Vermoeidheid'

Bijlage C.4-1 'Zoekverantwoording (12 februari 2021)'

Medline: 55 hits

1	exp Neoplasms/ or (neoplas* or cancer* or tumor* or tumour* or oncol* or malign* or carcinom* or adenocarcinom* or lymphom*).ti,ab,kf.	4530696
2	exp Fatigue/ or (fatigue or lassitude or tiredness or exhaustion).ti,ab,kf.	131843
3	exp High-Intensity Interval Training/ or ((hiit or hiet or ("high intensi*" or interval)) adj6 (exercis* or training* or endurance)).ti,ab,kf.	12132
4	1 and 2 and 3	63
5	(meta-analysis/ or meta-analysis as topic/ or (metaanaly* or meta-analy* or metanaly*).ti,ab,kf. or systematic review/ or cochrane.jw. or (prisma or prospero).ti,ab,kf. or ((systemati* or scoping or umbrella or "structured literature") adj3 (review* or overview*).ti,ab,kf. or (systemic* adj1 review*).ti,ab,kf. or ((systemati* or literature or database* or data-base*) adj10 search*).ti,ab,kf. or ((structured or comprehensive* or systemic*) adj3 search*).ti,ab,kf. or ((literature adj3 review*) and (search* or database* or data-base*).ti,ab,kf. or ("data extraction" or "data source*") and "study selection").ti,ab,kf. or ("search strategy" and "selection criteria").ti,ab,kf. or ("data source*" and "data synthesis").ti,ab,kf. or (medline or pubmed or embase or cochrane).ab. or ((critical or rapid) adj2 (review* or overview* or synthes*).ti. or (((critical* or rapid*) adj3 (review* or overview* or synthes*)) and (search* or database* or data-base*).ab. or (metasynthes* or meta-synthes*).ti,ab,kf.) not (comment/ or editorial/ or letter/ or ((exp animals/ or exp models, animal/) not humans/))	481947
6	(exp randomized controlled trial/ or random*.ti,ab,kf. or ((pragmatic or practical) adj clinical trial*).ti,ab,kf. or ((non-inferiority or noninferiority or superiority or equivalence) adj3 trial*).ti,ab,kf.) not (comment/ or editorial/ or letter/ or ((exp animals/ or exp models, animal/) not humans/))	1189083
7	(Practice Guideline/ or Guideline/ or Consensus/ or exp Consensus Development Conferences as Topic/ or exp Consensus Development Conference/ or (guideline or practice guideline).pt. or (guideline* or recommendati* or protocol* or "position statement*" or "position paper*" or "ethics code*" or "ethical code*" or "ethical directive*" or "ethical oath*" or "profesional ethic*" or pathway* or consensus*).ti,ab,kf.) not (comment/ or editorial/ or letter/ or ((exp animals/ or exp models, animal/) not humans/))	1934671
8	5 or 6 or 7	3237943
9	4 and 8	55

Embase: 56 hits

#9	#4 AND #8	56
#8	#5 OR #6 OR #7	3256465
#7	('meta analysis'/exp OR 'meta analysis (topic)'/exp OR metaanaly*.ti,ab OR 'meta	541927

	analy*:ti,ab OR metanaly*:ti,ab OR 'systematic review'/de OR 'cochrane database of systematic reviews'/jt OR prisma:ti,ab OR prospero:ti,ab OR (((systemati* OR scoping OR umbrella OR 'structured literature') NEAR/3 (review* OR overview*)):ti,ab) OR ((systemic* NEAR/1 review*):ti,ab) OR (((systemati* OR literature OR database* OR 'data base*') NEAR/10 search*):ti,ab) OR (((structured OR comprehensive* OR systemic*) NEAR/3 search*):ti,ab) OR (((literature NEAR/3 review*):ti,ab) AND (search*:ti,ab OR database*:ti,ab OR 'data base*':ti,ab)) OR (('data extraction':ti,ab OR 'data source*':ti,ab) AND 'study selection':ti,ab) OR ('search strategy':ti,ab AND 'selection criteria':ti,ab) OR ('data source*':ti,ab AND 'data synthesis':ti,ab) OR medline:ab OR pubmed:ab OR embase:ab OR cochrane:ab OR (((critical OR rapid) NEAR/2 (review* OR overview* OR synthes*)):ti) OR (((critical* OR rapid*) NEAR/3 (review* OR overview* OR synthes*)):ab) AND (search*:ab OR database*:ab OR 'data base*':ab)) OR metasynthes*:ti,ab OR 'meta synthes*':ti,ab) NOT (('animal'/exp OR 'animal experiment'/exp OR 'animal model'/exp OR 'nonhuman'/exp) NOT 'human'/exp) NOT ('conference abstract'/it OR 'conference review'/it OR 'editorial'/it OR 'letter'/it OR 'note'/it)	
#6	('randomized controlled trial'/exp OR random*:ti,ab OR (((pragmatic OR practical) NEAR/1 'clinical trial*'):ti,ab) OR (((('non inferiority' OR noninferiority OR superiority OR equivalence) NEAR/3 trial*):ti,ab)) NOT (('animal'/exp OR 'animal experiment'/exp OR 'animal model'/exp OR 'nonhuman'/exp) NOT 'human'/exp) NOT ('conference abstract'/it OR 'conference review'/it OR 'editorial'/it OR 'letter'/it OR 'note'/it)	1158811
#5	('practice guideline'/de OR guideline*:ab,ti OR cpq:ab,ti OR recommendati*:ti,ab,kw OR protocol*:ti,ab,kw OR 'position statement*':ti,ab,kw OR 'position paper*':ti,ab,kw OR 'ethics code*':ti,ab,kw OR 'ethical code*':ti,ab,kw OR 'ethical directive*':ti,ab,kw OR 'ethical oath*':ti,ab,kw OR 'professional ethic*':ti,ab,kw OR pathway*:ti,ab,kw OR consensus*:ti,ab,kw) NOT (('animal'/exp OR 'animal experiment'/exp OR 'animal model'/exp OR 'nonhuman'/exp) NOT 'human'/exp) NOT ('conference abstract'/it OR 'conference review'/it OR 'editorial'/it OR 'letter'/it OR 'note'/it)	1951107
#4	#1 AND #2 AND #3	111
#3	'high intensity interval training'/exp OR hiit:ti,ab,kw OR hiet:ti,ab,kw OR (((('high intensi*' OR interval) NEAR/6 (exercis* OR training* OR endurance)):ti,ab,kw)	15073
#2	'fatigue'/exp OR fatigue:ti,ab,kw OR lassitude:ti,ab,kw OR tiredness:ti,ab,kw OR exhaustion:ti,ab,kw	308423
#1	'neoplasm'/exp OR neoplas*:ti,ab,kw OR cancer*:ti,ab,kw OR tumor*:ti,ab,kw OR tumour*:ti,ab,kw OR oncol*:ti,ab,kw OR malign*:ti,ab,kw OR carcinom*:ti,ab,kw OR adenocarcinom*:ti,ab,kw OR lymphom*:ti,ab,kw	6146619

SCOPUS: 76 hits

(TITLE-ABS (neoplas* OR cancer* OR tumor* OR tumour* OR oncol* OR malign* OR carcinom* OR adenocarcinom* OR lymphom*) OR AUTHKEY ((neoplas* OR cancer* OR tumor* OR tumour* OR oncol* OR malign* OR carcinom* OR adenocarcinom* OR lymphom*))) AND (TITLE-ABS (fatigue OR lassitude OR tiredness OR exhaustion) OR AUTHKEY ((fatigue OR lassitude OR tiredness OR exhaustion))) AND (TITLE-ABS (((hiit OR hiet OR ("high intensi*" OR interval)) W/6 (exercis* OR training* OR endurance))) OR AUTHKEY ((((hiit OR hiet OR ("high intensi*" OR interval)) W/6 (exercis* OR training* OR endurance)))))

Cochrane Library: 65 hits

ID	Search	Hits
#1	MeSH descriptor: [Neoplasms] explode all trees	80111
#2	(neoplas* OR cancer* OR tumor* OR tumour* OR oncol* OR malign* OR carcinom* OR adenocarcinom* OR lymphom*):ti,ab,kw	228515
#3	#1 OR #2	235591
#4	MeSH descriptor: [Fatigue] explode all trees	3759
#5	(fatigue OR lassitude OR tiredness OR exhaustion):ti,ab,kw	37283
#6	#4 OR #5	37283
#7	MeSH descriptor: [High-Intensity Interval Training] explode all trees	453
#8	(hiit OR hiet OR ("high intensi*" OR interval) NEAR/6 (exercis* OR training* OR endurance)):ti,ab,kw	3808
#9	#7 OR #8	3808
#10	#3 AND #6 AND #9	65

Pedro: 58 hits

Alleen eenvoudige zoekacties mogelijk. Combinatie van woord(en) in titel, titel+abstract en subspecialisme

- abstract title: high intens*, subsdiscipline: oncology, title only: fatigue
- abstract title: interval, subsdiscipline: oncology, title only: fatigue
- abstract title: fatigue, subsdiscipline: oncology, title only: high intens*
- abstract title: fatigue, subsdiscipline: oncology, title only: interval

OT Seeker: 1 hit

Title/Abstract – "high intens*" OR interval

AND

Any field – cancer* OR oncolog*

AND

Title/Abstract – fatigue OR tired* OR lassitude OR exhaustion

Sportdiscus: 11 hits

#	Query	Results
S4	(DE "HIGH-intensity interval training" OR TI (((hiit or hiet or ("high intensi*" or interval)) N6 (exercis* or training* or endurance))) OR AB (((hiit or hiet or ("high intensi*" or interval)) N6 (exercis* or training* or endurance))) OR KW (((hiit or hiet or ("high intensi*" or interval)) N6 (exercis* or training* or	11

	endurance)))) AND (S1 AND S2 AND S3)	
S3	DE "HIGH-intensity interval training" OR TI (((hiit or hiet or ("high intensi*" or interval)) N6 (exercis* or training* or endurance))) OR AB (((hiit or hiet or ("high intensi*" or interval)) N6 (exercis* or training* or endurance))) OR KW (((hiit or hiet or ("high intensi*" or interval)) N6 (exercis* or training* or endurance)))	9,781
S2	(DE "FATIGUE" OR DE "CHRONIC fatigue syndrome") OR TI (fatigue or lassitude or tiredness or exhaustion) OR AB (fatigue or lassitude or tiredness or exhaustion) OR KW (fatigue or lassitude or tiredness or exhaustion)	25,609
S1	(DE "CANCER" OR DE "BONE cancer" OR DE "BREAST cancer" OR DE "CANCER in women" OR DE "CANCER in young adults" OR DE "LUNG cancer") OR TI (neoplas* or cancer* or tumor* or tumour* or oncol* or malign* or carcinom* or adenocarcinom* or lymphom*) OR AB (neoplas* or cancer* or tumor* or tumour* or oncol* or malign* or carcinom* or adenocarcinom* or lymphom*) OR KW (neoplas* or cancer* or tumor* or tumour* or oncol* or malign* or carcinom* or adenocarcinom* or lymphom*)	30,335

Trip Database: 45 hits

- #7 #1 AND #2 AND (#3 or ((#4 OR #5) AND #6))
- #6 (exercis* or training* or endurance)
- #5 (interval)
- #4 ("high intensity")
- #3 (hiet or hiit)
- #2 (title:fatigue or lassitude or tiredness or exhaustion)
- #1 (title:neoplas* or cancer* or tumor* or tumour* or oncol* or malign* or carcinom* or adenocarcinom* or lymphom*)

NICE: 0 hits

Zoeken op losse termen als fatigue en synoniemen leverde maar één resultaat op (over het chronisch vermoeidheidssyndroom, niet gerelateerd aan kanker)

G-I-N network: 0 hits

Fatigue AND exercise AND cancer leverde geen resultaten op. Complexere zoekacties zijn niet mogelijk in deze database.

ECRI Guidelines TrustL 10 hits

(neoplas* OR cancer* OR tumor* OR tumour* OR oncol* OR malign* OR carcinom* OR adenocarcinom* OR lymphom*) AND (fatigue OR lassitude OR tiredness OR exhaustion) AND ("high intensity" OR interval)

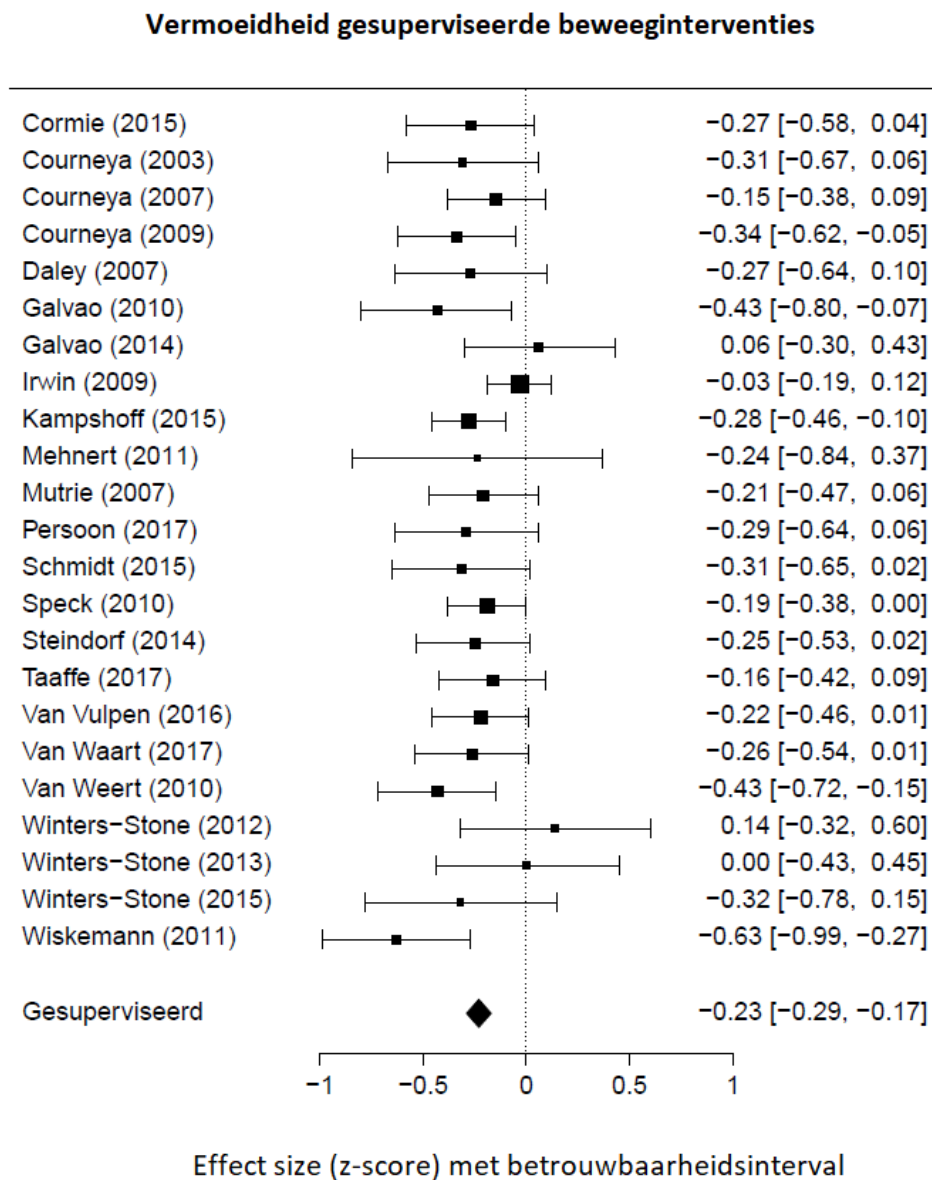
Bijlage C.4-2 'Risk-of-biasbeoordeling van de geïncludeerd studies'

Auteur (jaar van publicatie)	Proces van randomisatie	Geblindeerde toewijzing	Blindering van deelnemers	Blindering van uitkomstbeoordelaar	Volledigheid van gegevens	Rapportage van bevindingen
Gesuperviseerde beweeginterventie						
Cormie (2015)	+	+	-	-	+	+
Courneya (2003)	+	+	-	-	+	+
Courneya (2007)	+	+	-	-	+	+
Courneya (2009)	+	+	-	-	+	+
Daley (2007)	+	+	-	-	+	+
Galvao (2010)	+	+	-	-	+	+
Galvao (2014)	+	+	-	-	+	+
Irwin (2009)	+	?	-	-	-	+
Kampshoff (2015)	+	+	-	+	+	+
Mehnert (2011)	?	+	-	-	+	-
Mutrie (2007)	+	+	-	+	+	+
Persoon (2017)	+	+	-	+	+	+
Schmidt (2015)	+	+	-	-	+	+
Speck (2010)	+	+	-	+	-	+
Steindorf (2014)	+	+	-	-	+	+
Taaffe (2017)	+	?	-	-	+	+
Van Vulpen (2016)	+	+	-	+	+	+
Van Waart (2017)	+	+	-	-	+	+
Van Weert (2010)	+	+	+	-	+	+
Winters-Stone (2012)	+	+	-	+	+	+
Winters-Stone (2013)	+	+	-	+	+	-

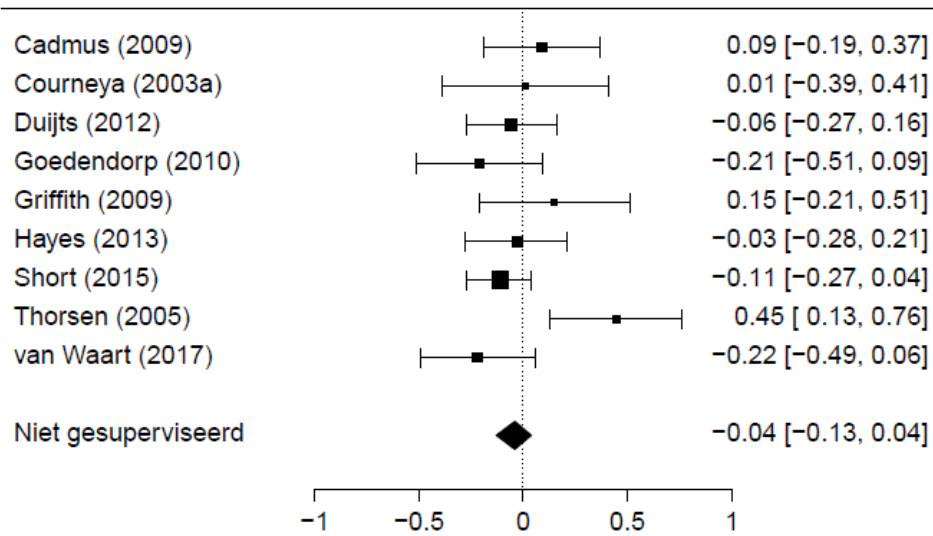
Winters-Stone (2015)	?	?	-	+	+	+
Wiskemann (2011)	+	+	-	-	-	+
High intensity interval training (HITT)						
Piroux (2020)	+	?	-	-	+	+
Schmitt (2016)	+	?	-	-	?	+

+ = laag risico op vertekening, - = hoog risico op vertekening, ? = onbekend risico op vertekening.

Bijlage C.4-3 'De z-scores van de MIV voor het vergelijken van de vermoeidheid van een individuele patiënt in de loop van de tijd'



Vermoeidheid niet-gesuperviseerde beweginginterventies



Effect size (z-score) met betrouwbaarheidsinterval

Bijlage C.4-4 'Evidence-to-decision voor beweginginterventies bij vermoeidheid'

	BEOORDELING										
1. Gewenste effecten	zeer klein	klein		matig		groot		varieert	geen idee	niet gemeten	
2. Ongewenste effecten	groot		matig		klein		zeer klein		varieert	geen idee	niet gemeten
3. Kwaliteit gewenste effecten	zeer laag		laag		matig		hoog		varieert	geen idee	niet gemeten
4. Balans tussen gewenste en ongewenste effecten	de ongewenste effecten overtreffen zeker de gewenste effecten	de ongewenste effecten overtreffen waarschijnlijk de gewenste effecten	de gewenste en ongewenste effecten zijn gelijk	de gewenste effecten overtreffen waarschijnlijk de ongewenste effecten	de gewenste effecten overtreffen zeker de ongewenste effecten	varieert	geen idee	geen ongewenste effecten gemeten			
5. Waarde aan gewenste effecten	zeer laag		laag		redelijk		groot		geen idee		
6. Variatie in waarde aan gewenste effecten	veel variatie		matige variatie		weinig variatie		geen variatie		geen idee		
7. Benodigde middelen (kosten)	hoge kosten	matige kosten	vrijwel geen kosten of besparingen	matige besparingen	hoge besparingen	varieert	geen idee				
8. Variatie in benodigde middelen (kosten)	hoog		matig		laag		zeer laag		geen idee		
9. Kosten-effectiviteit	niet kosteneffectief	waarschijnlijk niet kosteneffectief	interventie en usual care zijn gelijk	waarschijnlijk wel kosteneffectief	wel kosteneffectief	varieert	geen studies beschikbaar				
10. Aanvaardbaarheid	niet		waarschijnlijk niet		waarschijnlijk wel		ja		varieert	geen idee	
11. Haalbaarheid	niet realistisch		waarschijnlijk niet realistisch		waarschijnlijk realistisch		wel realistisch		varieert	geen idee	

Aanbeveling	sterke aanbeveling tegen interventie	zwakke aanbeveling tegen interventie	aanbeveling voor onderzoek / geen aanbeveling	zwakke aanbeveling voor interventie	sterke aanbeveling voor interventie	
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